WEST SENECA COMMUNITY EDUCATION

www.wscschools.org/commed

Life's Seasons

Look inside for:

Defensive Driving 3 Ed2Go classes 5-7 Kids programs .. 9-11

Spring 2021 April 12th - May 22nd

CONTINUING/COMMUNITY EDUCATION COURSE CATALOG • SPRING 2021 1445 CENTER ROAD • WEST SENECA, NEW YORK 14224-3292



WELCOME

to the Spring 2021 Semester at West Seneca Community Education. Try something new today and you may find an interest that will last a lifetime! Make friends, have fun, learn a skill, try out a career, or make an heirloom to pass down... you'll find what YOU need *right here* – so register online or call TODAY! Courses fill up fast, so do not miss YOUR chance to sign up.

If you have a hobby, interest, or skill YOU would like to teach, let us know! We would love to have YOU as part of our instructional staff and can help you get started. Contact me to find out more.

Stephanie Wright swright01@wscschools.org

Community Education Staff

Stephanie Wright	Before & After School Programming Continuing/Community Education
Kelly Cline	Senior Clerk
Rochelle Fennie	Clerical
Suzanne Merkwa	Clerical

Community Education Advisory Committee

Tracy Spagnolo Dr. Carolyn Kadlec Dolores Mendolia Brownie Michalczak John Morrison Michele Owcarz Gerald Warren

Board of Education Liasons

Edmund Bedient Peter Kwitowski Jody Peccia

Oops!! We didn't know you were coming! Sometimes courses are cancelled when too many people wait until the last minute to register. We make decisions on what classes will run based on paid registrations **up to one week prior** to the course start. Don't be disappointed, register today!

West Seneca Central School District's

Before & After School Programs

Allendale Elementary • Clinton Street Elementary • Northwood Elementary • West Elementary Winchester Elementary • **East/West Middle (at East Middle)

At the Before & After School Program the staff take the time to get to know each of the students and their goals. In the morning, the children come in and have a variety of activities to do including blocks, board games, puzzles, card games, crafts and coloring. A healthy breakfast is included. In the afternoon, the students have time for homework, activities run by staff and interns from West and East Senior High Schools, and gym time. A healthy snack is included. In addition, throughout the school year we offer special programs, at no additional cost, such as: martial arts, Sportz Degree, Zumba, Microsoft training, yoga, nutrition and much more!

The West Seneca Before & After School Program has been designed to:

- Offer an affordable child care program to families in the West Seneca Central School District
- · Model and promote respectful and responsible behavior
- Provide a nurturing environment
- · Help children develop skills and talents and display their creativity
- · Promote community awareness and partnership
- Further the mission of the West Seneca Central School District
- Develop open and honest communication between the staff, parents, and children
- Have fun in a safe environment
- Build lasting and positive friendships

The Before and After School Program is self-sustained by fees paid by the parents. No taxpayer dollars are used.

For more information, Contact: **Stephanie Wright** swright01@wscschools.org or call 677-3185

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SHARE THIS BROCHURE WITH YOUR FRIENDS AND FAMILY! PLEASE RECYCLE!

BUILDING LOCATIONS

You are responsible for noting your class location!

Allendale Elementary 1399 Orchard Park Road

Clinton Elementary 4100 Clinton Street

District Offices 675 Potters Road

East High School 4760 Seneca Street East Middle 1445 Center Road Ebenezer Building

900 Mill Road

Northwood Elementary 250 Northwood Avenue

West Elementary 1397 Orchard Park Road West High School 3330 Seneca Street

West Middle 395 Center Road

Winchester Elementary 650 Harlem Road

TEST PREPARATION COURSES With All-Pro Tutoring & Test Prep. Visit our website www.allprotutoring.com

4-Hour ACT BOOT CAMP (ACA-001)

All-Pro Tutoring & Test Preparation Staff

*LIVE on-line class. Get a jump start on your ACT test preparation! This live on-line class introduces students to the ACT test. Course includes: test-taking strategies, testing information, study materials, and a free simulated ACT test.

For the simulated test schedule and registration information, visit: www.allprotutoring.com.

*2021 ACT test dates: April 17 and June 12.

MON & WED • April 12 & 14

6:00-8:00 PM • 2 Classes: \$70

*Approximately 2 days prior to the start date of the class, an email will be sent containing class log-in information and class materials.

9-HOUR SAT TEST PREPARATION COURSE (ACA-002)

All-Pro Tutoring & Test Preparation Staff

*LIVE on-line class. Are you ready for the SAT test? This live online class offers an in-depth study of the SAT test. Course includes: classroom instruction, test-taking strategies, testing information, workbook/study materials, and a free simulated SAT test.

For the simulated test schedule and registration information, visit www.allprotutoring.com.

*2021 SAT test dates: May 8 and June 5.

TUES & THURS • April 27 & 29 and May 4 & 6 6:00–8:15 PM • 4 Classes: \$130 *Approximately 2 days prior to the start date of the class, an email will be sent containing class log-in information and class materials.

9-HOUR ACT TEST PREPARATION COURSE-ON-LINE! (ACA-003)

All-Pro Tutoring & Test Preparation Staff

*LIVE on-line class. Are you ready for the ACT test? This live on-line class offers an in-depth study of the ACT test. Course includes: classroom instruction, test-taking strategies, testing information, study materials, and a simulated ACT test. For the simulated ACT test schedule and registration information, visit www.allprotutoring.com. 2021 ACT test dates: June 12.

*Approximately 2 days prior to the start date of the class, an e-mail will be sent containing class log-in information and class materials.

TUES & THURS • May 11, 13, 18 & 20 6:00–8:15 PM • 4 Classes: \$130 *Approximately 2 days prior to the start date of the class, an email will be sent containing class log-in information and class materials.



All-Pro Tutoring And Test Prep Registrating for A Press Townsense

4-HOUR SAT BOOT CAMP (ACA-004)

All-Pro Tutoring & Test Preparation Staff

*LIVE on-line class. Get a jump start on your SAT test preparation! This live on-line course introduces students to the SAT test with emphasis on test-taking strategies, testing information, how to best prepare for the SAT test, and practice questions in each subject. Course includes: workbook/study materials and a free simulated SAT test.

For the simulated test schedule and registration information visit: www.allprotutoring.com. *2021 SAT test dates: June 5.

MON & WED • May 24 & 26

6:00–8:00 PM • 2 Classes: \$70 *Approximately 2 days prior to the start date of the class, an e-mail will be sent containing class log-in information and class materials.

WRITING THE COLLEGE APPLICATION ESSAY-ON-LINE! (ACA-005)

All-Pro Tutoring & Test Preparation Staff

Do you want to submit a college application essay that will really hit home with the Admissions Office at the college of your choice? Learn all the fundamentals of a winning essay as well as proven strategies. You will begin to write the college application essay during the class and leave with the confidence and knowledge to complete the process on your own.

WED • May 19

6:00–8:30 PM • 1 Classes: \$70 *Approximately 2 days prior to the start date of the class, an email will be sent containing class login information and class materials



DEFENSIVE DRIVING COURSE!

*On-line class. The 6 hour point/insurance reduction course can now be taken online! Receive the same benefits (10% insurance reduction on the base rate for three years, you also may be eligible to reduce up to four points from your driving record) as those that take the course in the classroom. You have up to 30 days from the day you start to finish the course. If you stop at any point when you log back on you are at exactly the same point, you lose nothing! The online course is approximately 6 hours in length to complete.

Register and pay online at: www.empiresafetycouncil.com

Enter code: **WS10** (to get \$10.00 discount) Fee: \$44.95 (\$34.95 after discount). *LIVE, on-line class.Long-Term Care and Medicaid are the greatest threats to your retirement security, yet most Americans have never talked to their financial professionals about these concerns. This planning seminar works to bring together retirement and long-term care planning to protect you from losing your money, income, and independence to a long-term care or Medicaid event. Topics in class:

- Protect your personal choices and financial independence.
- Remove the hidden financial threats to your money by Medicaid and inflation.
- Understand the consequences of not having a plan on your money and income stream.
- How to avoid Medicaid spend-down mistakes.
- How to maintain your eligibility for Medicaid.
- · Learn how to reduce emotional and financial burdens of Medicaid on your family.
- Avoid impoverishing your spouse and/or being a burden on your children.
- Develop a safe and secure plan to protect your money and income.
- Be in control; keep your dignity; keep your independence.

~Gold Card Eligible.

*Note: a link to the on-line class will be e-mailed to you.

(BUS-001a) MON • April 12 6:00-8:00 PM • 1 Class: \$20 (BUS-001c) TUES • May 4 6:00-8:00 PM • 1 Class: \$20 (BUS-001e) WED • June 2 6:00-8:00 PM • 1 Class: \$20

(BUS-001b) WED • April 28 6:00–8:00 PM • 1 Class: \$20

(**BUS-001d)** WED • May 19 6:00−8:00 PM • 1 Class: \$20

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MEDICARE 101 - FREE ON-LINE SEMINAR! (BUS-002)

James Farnham

Are you currently enrolled in Medicare? Will you be turning 65 over the next year or two? Learn about eligibility, how and when to enroll, when you can make changes, and the insurance options available to you. Review and compare what services are covered/not covered under Medicare Parts A, B, C and D. Detail the costs associated with medical and drug insurance. Explore and evaluate Original Medicare, Medicare Supplement Insurance, Prescription Drug Plans and Medicare Advantage Plans. This program will simplify the choices you need to make, help you make more well-informed decisions and explain what Medicare means for you!

SAT • May 15 6:00–8:00 PM • 1 Classes: FREE *Note: you will receive a link for the webinar on your receipt.

BUYING AND/OR SELLING A HOME - FREE CONSULTATION! (BUS-003)

Thomas J. Liolos, Paragon Home Loans

Looking to purchase or sell a home? You need to know the process ... from Pre-Approval straight through to Closing ... and what to expect at every turn. If you have purchased or sold a home in the past, a lot has changed. If this is your first time, there is a lot you should know!

*Register to arrange for your One-on-One consultation!



ed2go.com/wscommed

ONLINE - Ed2Go

Courses start at \$89.

Course Start Dates: April 14 • May 12 June 16

No Gold Card Discount



We offer a wide range of on-line courses, from computer classes to foreign languages to courses to enhance your business.

Check out our entire Ed2Go catalog at www.ed2go/wscommed!

Register for Ed2Go classes at www.ed2go/wscommed

Requirements "A":

Hardware Requirements:

• This course can be taken on either a PC or Mac.

Software Requirements:

- PC: Windows 8 or later.
- Mac: OS X Snow Leopard 10.6 or later.
- Browser: The latest version of Google Chrome or Mozilla Firefox are preferred. Microsoft Edge and Safari are also compatible.
- Adobe Acrobat Reader.
- Software must be installed and fully operational before the course begins.

Other:

· Email capabilities and access to a personal email account.

Prerequisites:

There are no prerequisites to take this course.

Instructional Material Requirements:

• The instructional materials required for this course are included in enrollment and will be available online.

BEGINNING CONVERSATIONAL FRENCH ... \$89

Proper pronunciation is important to good communication. Beginning Conversational French will help you master the best pronunciations. Simply click on each word to hear it spoken. Every word and sentence is also written out phonetically.

This course has been carefully crafted to ensure you will have no trouble pronouncing French words correctly. The first three lessons introduce the basics needed for most conversations in French, such as "please" and "thank you." You will also learn numbers, days of the week, months of the year, and telling time.

The entire course is structured in this logical, systematic method. After the introduction and basic conversation lessons, you will learn what to say at the airport. From the airport, you need to get to your hotel, so you will learn how to talk about transportation. The following lesson shows you how to talk to hotel employees. After you have settled into your hotel, you will probably be hungry, so the course also covers how to communicate in restaurants.

Each lesson also includes cultural tips. Hand and body gestures mean different things in different cultures. For example, do you know the proper way to point to avoid offending people in France? This course will tell you. You will be pleased with your quick progress, and you will be prepared for your next trip!

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements. ** Must have working headphones or speakers.

SPEED SPANISH ... \$89

Imagine yourself speaking, reading and writing Spanish. Now you can with Speed Spanish. This course is designed for anyone who wants to learn Spanish pronto.

You will learn six easy recipes for gluing Spanish words together to form sentences. In no time at all, you will be able to go into any Spanish-speaking situation and converse in Spanish. ¡Qué Bueno!

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements. ** Must have working headphones or speakers.

Requirements "B":

Hardware Requirements:

• This course must be taken on a PC. It is not suitable for Mac users.

Software Requirements:

- Windows 8 or later.
- Browser: The latest version of Google Chrome or Mozilla Firefox are preferred. Microsoft Edge is also compatible.
- Adobe Acrobat Reader.
- Software must be installed and fully operational before the course begins.

Other:

• Email capabilities and access to a personal email account.

Prerequisites:

There are no prerequisites to take this course.

Instructional Material Requirements:

• The instructional materials required for this course are included in enrollment and will be available online.

INSTANT ITALIAN ... \$89

This dynamic course will teach you how to express yourself comfortably in Italian. You'll learn practical, everyday words. You'll read, hear, and practice dialogues based on typical situations that you're likely to encounter if you plan to vacation in Italy. The dialogues and follow-up exercises of each lesson will teach you to communicate in Italian in a wide variety of settings. You'll be surprised by how quickly and easily you can learn many useful expressions in Italian! This course will make it simple to master your pronunciation of Italian. Essential words and phrases are written phonetically by using sounds that are familiar to you from English words. The audio feature lets you hear the words and phrases spoken aloud with just a click of your mouse. Short exercises are included with each lesson to help you reinforce what you've learned and gauge your progress, making it easy to pinpoint areas that you still need to review. The exercises also give you immediate feedback—you'll know whether you answered correctly as soon as vou finish.

By the end of the second lesson, you will have already learned about the Italian language's impact on the world, the Italian alphabet, phonetics, and pronunciation, proper forms of address, expressions of courtesy, and how to make introductions. When you reach your final lesson, you will know how to ask for help, ask directions, navigate Italian shops, book a hotel room, order a meal, and much more! Cultural notes are included throughout the course to help you better understand Italians and their way of life. You will learn what various gestures mean to Italians, which ones to use, and those you should avoid. This course will convince you that learning a language is both fun and rewarding.

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements. ** Must have working headphones or speakers.

COMPUTER SKILLS FOR THE WORKPLACE \$89

Most jobs today require a working knowledge of certain computer skills. Employers seek and reward employees who have the ability to send emails, create spreadsheets, manage databases, understand memory and network limitations, and recognize the function and features of modern computer components. Any job candidate who already possesses these skills will stand above those who do not.

This course is designed to provide the fundamental computer competencies you need to survive and prosper in today's fast-changing workplace. You will learn how to implement the powers of modern office software to work faster and more efficiently. This course will focus on practical application for software most common to the workplace. By the time you finish, you will have learned why employers consider technological literacy so critical to the success of any organization.

*Before registering, please see REQUIREMENTS "B" box for the Software and Hardware course requirements.

INTRODUCTION TO MICROSOFT WORD 2013 ... \$89

Knowing how to write reports and letters using Microsoft Word is a basic skill needed in nearly any job. This powerful word-processing program lets you professionally type, edit, format, spell check, and print documents.

In this course, you will master all the basics of Microsoft Word. You will learn how to add, move through, and edit text; move words from one part of your document to another; work on two or more documents simultaneously; change the size or appearance of text; change margins and tab settings; automatically center, right align, justify, and indent text; use tools such as the grammar checker, spell checker, and thesaurus; and save, retrieve, copy, organize, and print your documents.

You will also learn dozens of different ways to modify the appearance and content of your documents by adjusting page margins, paragraph tab settings, and line spacing to create great-looking documents quickly and easily. By the time you're done with the stepby-step lessons and hands-on activities in this course, you will be able to use Word confidently at home or on the job.

*Before registering, please see REQUIREMENTS "B" box for the Software and Hardware course requirements. **NOTE: You must have Microsoft Word 2013 installed on your computer (not included in enrollment).

INTRODUCTION TO MICROSOFT EXCEL 2013 ... \$89

This hands-on course will teach you dozens of shortcuts and tricks for setting up fully-formatted worksheets quickly and efficiently. You will also learn the secrets behind writing powerful mathematical formulas and discover how to use the function wizard to quickly and automatically calculate statistics, loan payments, future value, and more.

In addition, you will get tips on sorting and analyzing data, designing custom charts and graphs, creating three-dimensional workbooks, building links between files, endowing your worksheets with decision-making capabilities, and automating frequently-repeated tasks with macros and buttons. You will also learn Excel 2013 features, including Quick Analysis, Flash Fill, and new charting capabilities.

This is not a tutorial, but an in-depth class. By the time you're done, you will be using this vital Office 2013 application like a pro.

*Before registering, please see REQUIREMENTS "B" box for the Software and Hardware course requirements. **NOTE: You must have Microsoft Excel 2013 installed on your computer (not included in enrollment).

GRAMMAR REFRESHER \$89

Develop your English grammar skills and take your writing and speaking to the next level of excellence in this course. This course explores the eight parts of speech, punctuation and mechanics, and foundational sentence construction. You will learn about phrases, clauses, problem words, common grammar mistakes, and much more through practical, hands-on exercises. You will also learn through short videos, examples, and even fun games. Take your writing and speaking to the next level of excellence!

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements.

ACHIEVING SUCCESS WITH DIFFICULT PEOPLE ... \$89

This course will teach you how to see things from others' viewpoints based on their needs, values, beliefs, experiences, skills, knowledge, and self-interests. You will learn to approach difficult situations by answering the questions: who? what? where? when? how? and why? And by answering these questions, you will understand who your difficult people are, what they're like, how you react to them, and their response to your actions.

You will also practice analyzing your interactions with those you share space with. By observing others closely, you will learn to read their identifying characteristics. Once you can identify which type of person you're dealing with, you will be able to choose appropriate reactions to their behaviors.

By the time you finish this course, you will understand that assertiveness involves taking responsibility when meeting your needs in a way that preserves the dignity and rights of others.

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements.

MASTERING PUBLIC SPEAKING ... \$89

You can become an effective public speaker! In this course, you will discover how to talk confidently and persuasively to both large audiences and small groups. You will also learn how to plan and deliver your presentations skillfully and how to manage one of the most common public speaking barriers—fear.

You'll learn the secrets to presenting a speech, how to handle questions and manage conflict in meetings, and even how to shine in a job interview. You will get tips for training your voice and learn how to use both verbal and nonverbal communication effectively. By the time you finish this course, you'll have an entire set of skills you can use on the job, in social settings, and in any other situation where you need to communicate with ease and authority!

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements.

BLOGGING AND PODCASTING FOR BEGINNERS ... \$89

Blogging and Podcasting for Beginners will teach you how to plan and create your very own blog and podcast. Through hands-on exercises, you will discover the benefits of using free web tools like Blogger, WordPress, Audacity, and YouTube. You will find that creating a blog and podcast is much easier than you ever imagined.

First, you will learn how to develop a plan for the content, setup, maintenance, and how to use free blogging software like Blogger and WordPress to put that plan into action. After that, learn how to record a professional-sounding audio podcast with a very simple recording tool you already have. You will edit the file with another free software program, add music to it, and then post it online for others to enjoy. Finally, you will find out how to record a video podcast. You will edit it, add special effects, drop in a podcasting-safe music file, and then publish it online.

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements. **You should expect to download free online programs including an audio editing program during the class in order to create a blog and podcast.

BEGINNERS GUIDE TO GETTING PUBLISHED ... \$89

Do you know the five most common reasons why manuscripts are instantly rejected? If your goal is to become a published freelance writer of fiction or nonfiction for books or magazines, this comprehensive course will help you guide your work directly into the hands of an editor and onto the shelves of your favorite stores.

Your success in the writing game will be determined by the amount of credibility publishers attach to you and your work. This course will teach you how to give yourself the kind of credibility you need to succeed. This course will provide you with instant access to critical information most other writers don't discover for years and will walk you through every step of the publishing process. If you really want to be a writer, this course will give you all the tools you need to get published.

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements.

CREATING A SUCCESSFUL BUSINESS PLAN ... \$89

Turn your business ideas into a solid plan for financing and long-term success. Committing your idea to paper in the form of a business plan not only increases your chances of obtaining financing, but also in keeping your business strategically focused. You will work through all the major components of writing a business plan and emerge with your first draft in hand. And most importantly, you will have completed the first—and most difficult—step on the path to small business success.

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements

EFFECTIVE SELLING ... \$89

The goal of Effective Selling is not to teach you how to make a sale today, but to help you discover how you can easily convert a potential customer into a long term asset. Effective Selling will help you lay the groundwork for repeat business and your future success.

In sales, there are no quick fixes. However, with the knowledge, planning skills, communication techniques, and the understanding of human nature that you will gain from this course, your sales will grow as if by magic.

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements.

STOCKS, BONDS, AND INVESTING: OH, MY! ... \$89

Looking for a good solid class in the basics of stocks, bonds, finance, and investing? Haven't the slightest clue how to prepare for retirement, pay for college, or even manage your personal finances? And do you wish you could do it all without having to pay a broker or a financial advisor? Well, look no further. The class you need is right here.

Stocks, Bonds, and Investing: Oh My! is an enjoyable class that walks you through the fundamentals of investing. The course will not only teach you about the stock markets, 401k plans, and retirement, but it will also address personal financial issues that are often ignored, but absolutely essential, to your success as an investor. Each lesson explains these concepts in detail, so you understand how and why things work in the investment world. Provide yourself with the independence and confidence you will need to make your own investment decisions.

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements.

Requirements "A":

Hardware Requirements:

• This course can be taken on either a PC or Mac.

Software Requirements:

- PC: Windows 8 or later.
- Mac: OS X Snow Leopard 10.6 or later.
- Browser: The latest version of Google Chrome or Mozilla Firefox are preferred. Microsoft Edge and Safari are also compatible.
- Adobe Acrobat Reader.
- Software must be installed and fully operational before the course begins.

Other:

• Email capabilities and access to a personal email account.

Prerequisites:

• There are no prerequisites to take this course.

Instructional Material Requirements:

• The instructional materials required for this course are included in enrollment and will be available online.

REAL ESTATE INVESTING ... \$89

Have you ever heard the old saying, "Buy low, sell high?" News stories about the softening real estate market might scare away some novice investors, but experienced investors recognize weak markets as opportunities to pick up bargains. In many areas, now is the time to buy before prices start climbing again. In this course, you will learn how to make money in any area, in good times and bad, even if you have little money to start with.

Real Estate Investing includes specially designed worksheets and hands-on activities to take the guesswork out of your investing efforts. Start developing a plan for your own investing efforts based on proven methods used every day by full-time, professional real estate investors. You will learn how to invest in foreclosures, manage a rehab project, and build your team of real estate professionals (title officers, lawyers, accountants, mortgage brokers, appraisers, and more). This course also explores the effects of higher interest rates and cover alternative strategies for a changing market. By the end of the course, you will be working toward your first (or next) deal.

*Before registering, please see REQUIREMENTS "A" box for the Software and Hardware course requirements.

Requirements "B":

Hardware Requirements:

• This course must be taken on a PC. It is not suitable for Mac users.

Software Requirements:

- Windows 8 or later.
- Browser: The latest version of Google Chrome or Mozilla Firefox are preferred. Microsoft Edge is also compatible.
- Adobe Acrobat Reader.
- Software must be installed and fully operational before the course begins.

Other:

• Email capabilities and access to a personal email account.

Prerequisites:

• There are no prerequisites to take this course.

Instructional Material Requirements:

• The instructional materials required for this course are included in enrollment and will be available online.



Instruction is for educational purposes only and is not meant to provide medical advice.

CHAIR YOGA Jessie Reino (HEW-001)

Chair yoga is a great practice for people who want to incorporate some gentle movement, breath, and mindfulness into their lives. Practicing with a chair provides support and stability to our practice while we work on strength and balance. It's a great practice for those who want to keep moving but may have trouble getting up and down from the floor. Every class finishes with a guided relaxation. Benefits include better posture, flexibility, better sleep, increased circulation, and stress reduction.

Please bring a mat and small blanket. Chairs are provided. ~No Gold Card discount.

MON • April 12–May 24; No class 5/10 9:30–10:30 AM • 6 Classes: \$77 Location: Dancer's Turn Studio 43 Kelly Dr Cheektowaga



Yoga for 55+ Kathryn Zawadzki (HEW-002)

After being cooped up and inactive with COVID-19 for a year, signing up for this yoga class can help to loosen up some of those tight joints and muscles. You will learn simple stretches while standing, sitting, and lying on the floor (if possible.) At the end of each class is a wonderful systematic relaxation exercise to let go completely. Wear comfortable pants and short-sleeved or light, long-sleeved t-shirt. You will need to bring a yoga mat or exercise mat. No mats or other props can be provided. All other personal items will need to stay in your car due to COVID restrictions.

COVID protocols will be followed: Sanitizing, Temperature-taking, Staying six-feet apart, Wearing a mask (if using a gator, you must wear a mask underneath).

~No Gold Card discount.

TUES • April 13–June 1 1:30 PM–2:30 PM • 8 Classes: \$75 Location: Seneca Mill Building 4184 Seneca Street, Suite 204 West Seneca

ADULT/CHILD/BABY FIRST AID, CPR, AED iSafety Company (HEW-003)

This On-Line course will prepare you to recognize and care for emergencies. The course features award-winning simulation learning - an interactive experience where you will respond to real-world emergencies in a virtual setting to help prepare you to recognize and respond to a vaiety of first aid, breathing, and cardiac emergencies involving adults, children, and infants. This is an informational course ... not a certification course.

This course requires a PC or tablet with a high-speed Internet connection. This course is not supported on smartphones. This course does not work with Internet Explorer.

Allow approximately 2 hours 45 minutes to complete the course. This course can be taken at your convenience.

*NOTE: a link to the on-line class will be e-mailed to you. ~No Gold Card discount.

UNILIMITIED ACCESS April 12–May 22 3-hour class • 1 Class: \$40

Dog & CAT FIRST AID iSafety Company (HEW-004)

You love your pets and want to give them the best life possible. Being equipped to deliver first aid and provide a healthy lifestyle for your pet is the best way to do that. In this course. you will learn the basics of providing first aid care for your cat or dog and will learn how to best give care for common emergency situations. This 35-minute On-Line course covers understanding your pet's vital signs, breathing and cardiac emergencies, wounds and bleeding, seizures, and preventative care for cats and dogs.

This course is desktop and tablet-compatible. This course can be taken at your convenience.

*NOTE: a link to the on-line class will be e-mailed to you. ~No Gold Card discount.

UNILIMITIED ACCESS April 12–May 22 35-minute class • 1 Class: \$34



SPANISH CLUB (LAN-001)

*LIVE, on-line class. Get a head start on the language by joining us for an educationally oriented curriculum that is specifically designed for the K-4 student to learn the Spanish language. This unique and exciting program features foundation vocabulary introduced through games, singing and fun activities. Students are able to compound words and begin forming simple sentences. Early introduction increases the student's ability to absorb rather than translate the language. If you have taken a Spanish Club class previously, new vocabulary is introduced with each session. Class is open to new and returning students!

If you have any questions, contact The Enrichment Company at 1-833-436-7424. Join the fun!

MON • April 26–June 7; No class 5/31 6:00–6:40 PM • 6 Classes: \$75

BABYSITTING PROGRAM iSafety Company (KID-013)

Designed primarily for youth age 11 and older, this on-line course will prepare students to be better babysitters. Topics include how to provide care for infants and children; how to stay safe; what to do in an emergency; how to choose age-appropriate activities; and how to recognize and handle a variety of behaviors. Students will also learn the basics of starting a babysitting business. The course consists of six interactive modules featuring videos, activities, games, and tools babysitters can use to build their knowledge and skills and manage their babysitting business.

This course, which includes a final exam at the end, takes about 4 hours to complete. Students who successfully complete the course will receive a printable certificate. This course can be taken at your convenience.*NOTE: a link to the on-line class will be e-mailed to you.

UNILIMITIED ACCESS April 12 – May 22 • 4-hour class • 1 Class: \$44

Horizon Martial Arts

Classes are held at: 280 Center Road • Wimbledon Plaza

LITTLE NINJAS (KID-001)

Ages 4-6. Our program is a detailed curriculum that focuses on improving preschool-age children's basic motor and listening skills, which will help them enter society with a more confident and enthusiastic outlook. We believe the time between the ages of 4 and 6 are the most important years of development. Our program will enhance positive development in a fun and motivating way. Includes uniform.

MON & WED

April 12–April 28 5:30–6:00 PM 6 Classes: \$59

KARATE FOR KIDS (KID-002)

Ages 7-12. Every child can benefit from studying martial arts. The study of karate brings more than just physical rewards; students also develop discipline, focus, respect for others and goal-setting skills. The emphasis on personal achievement also builds confidence: success is within the reach of every student. Unlike team sports, there are no "benchwarmers" in karate classes. Instead, children learn techniques at their own pace. Belt and stripe requirements offer a clear path forward at each step of the training process. Includes uniform.

TUES & THURS April 13–May 6 5:30–6:10 PM 8 Classes: \$59 ***NOTE: Virtual class option available. E-mail admin@** horizonma.com for more information. Classes are taught by Certified Martial Arts instructors on the Horizon staff.

Bring a towel and water bottle.





Tim & Tricia Hirschbeck, Directors

KidsPlay is a group of experienced teachers that work with public and private schools to offer quality instructional sports programs to children ages 4 and up. See specific program for age groups. All players must be of age by the first scheduled class.

Questions? Call 480-2374 or 480-1436.

NOTE: *West Seneca Central School District COVID protocol will be followed.

LEVEL I OUTDOOR SOCCER

Ages 4–6. Soccer is easy to learn, contains constant activity, and provides plenty of opportunity for young players to run and learn skills. The program includes small-sided games and scrimmages allowing for plenty of touches on the ball. Level I Soccer stresses skills development and learning in a fun and friendly atmosphere, with emphasis on teamwork. Half of each class is devoted to fun instructional training with the remaining half devoted to scrimmage. A team shirt is included in the program fee. *West Seneca Central School District COVID protocol will be followed.

(KID-003)

TUES May 4–June 8 5:30–6:30 PM 6 Classes: \$65 Bldg.: Northwood Elementary/Field

(KID-004)

THURS May 6–June 10 5:30–6:30 PM 6 Classes: \$65 Bldg.: Clinton Elementary/Field

U-8 OUTDOOR SOCCER LEAGUE (KID-005)

Ages 6–8. Instructional Soccer League is designed to help veteran and inexperienced players develop skills in a positive and supportive environment. Special emphasis is placed on the development of dribbling, receiving and passing/support skills. The program is designed to be fun and challenging for any player with a strong interest in improving skills and understanding how team soccer works. All game and training sessions are coordinated by 2-3 KidsPlay coaches, not volunteers. Players meet weekly for a 30-40 minute training session followed by a game lasting 35-45 minutes, played 5-on-5 allowing for maximum touches on the ball and plenty of playing time. KidsPlay shirt included. *West Seneca Central School District COVID protocol will be followed.

THURS

May 6–June 10 6:30–7:45 PM 6 Classes: \$80 Bldg.: Clinton Elementary/Field

NFL FLAG FOOTBALL LEAGUE (KID-006)

Ages 7–10. NFL Flag is an excellent alternative to full contact, full equipment, and youth football leagues. The game is non-contact football with primary emphasis on the development of passing, receiving, and running and coverage skills. Games are played 5-on-5 with modified rules to heighten skill development and assure equal playing time for all players. NFL Flag is not a highly competitive program. Players meet for 90 minutes each week with a 40-minute practice followed by a 50-minute game against another KidsPlay Team. A Nike reversible football jersey is included in the fee. *West Seneca Central School District COVID protocol will be followed.

TUES May 4–June 8 6:30–8:00 PM 6 Classes: \$90 Bldg.: Northwood Elementary/Field



Brian Kieser, Director

HOT SHOTS-INTRODUCTION TO BASKETBALL (KID-007)

Ages 3–5. In this parent participation program, boys and girls will learn the basics of basketball in this fun class! Your child will learn the fundamentals and basic game play while using a lower net and smaller ball. Emphasis will be placed on fun and recreation in this noncompetitive, coed program. A T-shirt is included in program fee. Due to all classes being held outdoors, players should dress appropriately. Please remember to bring a water bottle. *West Seneca Central School District COVID protocol will be followed.

TUES • April 27–June 1 5:40–6:15 PM • 6 Classes: \$74 Bldg.: East Senior/Outdoor Basketball Court

HOT SHOTS-INTRODUCTION TO BASKETBALL (KID-008)

Ages 5–7. Boys and girls will learn the basics of basketball in this fun class! Your child will learn the fundamentals and basic game play while using a lower net and smaller ball. Emphasis will be placed on fun and recreation in this noncompetitive, coed program. This class will include some parent participation. A T-shirt is included in program fee. Due to all classes being held outdoors, players should dress appropriately. Please remember to bring a water bottle. *West Seneca Central School District COVID protocol will be followed.

TUES • April 27–June 1 6:20–7:05 PM • 6 Classes: \$74 Bldg.: East Senior/Outdoor Basketball Court

Co-ED BASKETBALL (KID-009)

Ages 8–12. This program encourages boys and girls to learn the basic skills and principles involved in the game of basketball. Skills such as dribbling, passing and shooting will be taught followed by a fun scrimmage. This class will enable kids to become proficient at the game of basketball, build confidence, develop a positive self-image, and, most of all, have fun! Due to all classes being held outdoors, players should dress appropriately. Please remember to bring a water bottle. *West Seneca Central School District COVID protocol will be followed.

TUES • April 27–June 1 7:10–8:10 PM • 6 Classes: \$74 Bldg.: East Senior/Outdoor Basketball Court

WIFFLEBALL (KID-010)

Ages 5–7 and Ages 8-12. This program provides a safe and fun environment for boys and girls to get together and make friends while playing wiffleball. Players will meet one hour per week, teams will be assigned on week 1, times will vary according to team schedule ... see below. No equipment is needed. Due to all classes being held outdoors, players should dress appropriately. Please remember to bring a water bottle. *West Seneca Central School District COVID protocol will be followed.

NOTE: the session on April 28th will be from 6:30 pm to 7:30 pm. A team schedule will be created for sessions 2-6, with players meeting one hour per week starting at 5:30 pm, or 6:30 pm, or 7:30 pm.

WED • April 28–June 2 5:30–6:30 PM; 6:30–7:30 PM; 7:30–8:30 PM • 6 Classes: \$74 Bldg.: West Elementary/ Field

Kids Choice Sports offers instructional youth sports programs to kids ages 3–12. By offering a variety of programs, we give Kids the Choice of many different Sports to try out, in order to find the best fit for them. The skills and rules of each sport that we teach are broken down into simple concepts that are fun to learn and easy to understand.

In addition to this registration process an online waiver must be completed for each registered player. Please go to www.kidschoicesports.com and click on the waiver tab.

Kids Choice Sports always welcomes parent coaches. If your child will be participating and you would like to volunteer, please contact Brian at (716) 578-8400. Parent coaches do not have to be experts in the sport; everything will be explained at a brief coaches meeting before the season begins

> **NOTE: West Seneca Central School District** COVID protocol will be followed.

TODDLER TIME SOCCER (KID-011)

Ages 2-3. Toddler Time is an exciting soccer-based playgroup in which a variety of age-appropriate props are used. In this unique program, you and your child will participate in a variety of soccer-related games and activities. Kids "learn through play" in a social environment while developing motor skills and coordination, building confidence, and much more. But most of all, it is FUN! A T-shirt is included in the program fee. Please bring a size-3 soccer ball. Due to all classes being held outdoors, players should dress appropriately. Please remember to bring a water bottle. *West Seneca Central School District COVID protocol will be followed.

SAT May 1–June 5 10:00-10:35 AM 6 Classes: \$74 Bldg.: East Middle/ Field

LITTLE SLUGGERS-INTRODUCTION TO TEE BALL (KID-012)

Ages 3–6. This class is perfect for boys and girls who would like to learn the basics of tee ball. In this parent participation program, you and your child will work together on drills to learn catching, fielding, throwing, batting and running bases. Emphasis is placed on fun and recreation in this non-competitive, coed program. A T-shirt is included in the program fee. Bring a water bottle. Due to all classes being held outdoors, players should dress appropriately. Please remember to bring a water bottle. *West Seneca Central School District COVID protocol will be followed.

SAT May 1–June 5 10:50-11:35 AM 6 Classes: \$74



DRIS & FIT

Horizon Martial Arts

Classes are held at:

280 Center Road • Wimbledon Plaza

Classes are taught by Certified Martial Arts instructors. Bring a towel and water bottle.

No Gold Card Discount



MARTIAL ARTS FOR ADULTS (PHY-001)

It's never too late to learn Martial Arts! If you are an adult interested in learning Martial Arts, you have come to the right place. Whether you are an experienced martial artist that is new to the area or you are an adult with a newly found interest in the martial arts, we have a selection of classes geared for any age and fitness level. Our Adult Martial Arts program will introduce you to the many benefits of training, including: relieving stress, building strength, weight loss, improving your concentration, and of course learning valuable self-defense techniques for practical real world applications. Our program is set for all fitness levels-whether this is a first step towards improved health or working towards an ultimate fitness challenge, the adult program is geared for you. *Uniform is included.

TUES & THURS April 13–May 6 7:00-8:00 PM 8 Classes: \$59

*NOTE: Virtual class option available. E-mail admin@horizonma.com for more information

FITNESS KICKBOXING BOOT CAMP (PHY-002)

An upbeat fitness class with an emphasis on cardiovascular training, this class is a great way to get in your best shape. You will condition, strengthen and tone every part of your body, and burn calories big time while practicing techniques on heavy bags. *Boxing Gloves Required.

TUES & THURS April 13–May 20 8:00-9:00 PM 12 Classes: \$89

CANADIAN TRIPS REQUIRE PROOF OF CITIZENSHIP

All passengers going into Canada must present proof of citizenship before boarding the coach. Anyone who cannot show proper ID to the tour escort, will be denied entry onto the coach. Furthermore, there will be no refund given for the missed tour.

Anyone 16 and older traveling, must present one of the following forms of ID: **Passport • Passport Card • Nexus Card or Enhanced NYS Driver's License or any other authorized enhanced license**

Children 15 years old & under will be allowed to travel with their birth certificate, as will teens between the age of 16-18 if they are part of an adult supervised group. Children who are not traveling with a parent, must have a notarized permission note signed by the parent. You will receive a confirmation from Know How Tours.

PRICES ARE SUBJECT TO CHANGES:

ALL TRIP

Due to continuously rising fuel costs.

Southtowns pickup is TOPS Parking Lot, 355 Orchard Park Rd - FAR END • Returns times are approximate • No Refunds/Discounts Know How Tours will send a confirmation after we submit your registration.

How to TRAVEL FREE & SAFELY Gina Henry

*LIVE on-line class. We're ready to get back to our travels! When it is safe to go on a trip, where can we go, how do we stay safe, and how do we make our travel free? If you are near retirement, changing careers, a student, or someone who likes the idea of making additional income to support your travel dream, this class is for you. World traveler Gina Henry shows you how she is prepared for the new travel normal including important tips on safety, trip insurance, what to do if you become sick, and other strategies. Discover over 200 ways to travel free. Earn free airline tickets, hotel nights, tours & more in the USA & worldwide! Volunteering, fun work-vacations, paid travel, teaching English and remote employment opportunities. Tuition includes Gina's 100-page e-book How to Travel Free & Safely (retail value \$39.95).

*NOTE: additional class info will appear on your receipt.

Biography: Gina Henry, holds an MA in International Management from Thunderbird, is a travel expert, writer, professional speaker, and owner of Go Global, Inc., a company she founded to help people find affordable ways to support their travel habit. Gina has lived the travel life for 30 years, taking 10 free vacations a year earning free airline tickets, hotels, tours, meals, & more. She has traveled to 98 countries and all 50 states. She teaches in 90 cities and is the author of many travel books & audios. She leads several group tours each year and organizes volunteer teach English programs in Thailand and Peru.

(TRP-001)

SAT • May 1 • Noon–3 PM • Cost: \$49.00 *NOTE: class log-in information will appear on your receipt.

SENECA ALLEGANY CASINO - FREE SLOT DOLLARS KNOW HOW TOURS

We're on our way to Seneca Allegany Casino in Salamanca, NY. It's a fun-filled day with excitement worth sharing. Enjoy a fun-filled motor coach tour New York State's premier gaming attraction ... Seneca Allegany Casino & Hotel. This casino is set within the beautiful landscape of Salamanca, NY, featuring over 68,000 sq. ft. of gaming action including over 2,000 slot machines and 40 table games. Five hours of gaming includes \$25 in FREE Slot Dollars upon arrival at the Casino.

The casino incentive is an offering of the casino and, as such, is subject to change without notice. Remember to bring your Seneca Social Card, or you can apply for one upon arrival - card needed to receive incentive. A valid state or federally issued ID (passport or driver's license) required. Card and ID required to receive incentive - no exceptions.

Know How Tours will operate motor coaches with only 75% capacity on casino runs (subject to health and safety requirements.) Masks required. <Special prize drawing on each trip!

(TRP-002a)	(TRP-002b)	(TRP-002c)
MON • April 19	MON • May 17	MON • June 14

Cost: \$35.00 (includes \$25 Free Slot Play) Depart: 10:30 AM; return: 6:30 PM

DEL LAGO CASINO - FREE SLOT DOLLARS KNOW HOW TOURS

Del Lago means "of the Lakes" in Italian. The Del Lago Casino is located in Waterloo, NY at Exit 41 of the NYS Thruway in the heart of the Finger Lakes. At this casino resort, "Del Lago" means much more - it's a way of life, a ready-for-anything attitude that's a spicy mix of old world charm and homegrown hospitality. Come experience the hottest slot machines, the most thrilling table games including a Poker Room. Dine at one of their casino eateries! Come explore the gaming facility everyone is talking about ... bring your friends!

Guests receive \$25.00 free slot play. Register for a Del Lago reward card upon arrival; card needed to receive incentive. Valid state or federally issued ID (passport or driver's license) required to receive the Casino incentive. Sorry, no exceptions. Masks required.

(TRP-003a)	(TRP-003b)	(TRP-003c)
WED	WED	MON
April 28	May 26	June 30

Cost: \$35.00 (includes \$25 Free Slot Play) Depart: 7:30 AM; return: 6:30 PM

CORNING MUSEUM OF GLASS - FUN WITH GLASS **Know How Tours**

Travel the scenic route and enjoy the spring day while the blooms begin to bloom. Today, you will create and make your own glass sculpture. Upon arrival, we will be split into groups. Our group will enjoy a tour of the Corning Museum of Glass, view a Glass Blowing Demonstration show, stroll the museum & visit the Gift Shop. Participate in the Fun with Glass activity. Participate in the "Hands-On" workshop and make your own glass sculpture – choose your own colors & participate in the fun! While at the Corning Museum of Glass, enjoy lunch at the Museum Restaurant with your luncheon voucher. The voucher will cover an entire lunch – any money left on voucher is good at the museum gift shop! This tour is sure to be a sell-out ... book early!

NOTE: your glass work must "cure" overnight and will be shipped to Know How Tours; a date will be set to pick up.

(TRP-004)

MON May 3 Cost: \$139 Depart 7:00 am; Return 8:30 pm



Gardening, Grazing & Gazing - Burton, OH Know How Tours

We're heading to Burton, Ohio, for a fun-filled day of gardening, grazing, and gazing! Start your day at the Nauvoo Family Market. It's an Amish Family Market and Bakery which includes bulk foods, bakery items, Coleman supplies, hardware, wagons, scooters, and much more! Stop for cheese samples at Middlefield Swiss Cheese. Visit Urban Growers for a tour this wonderful state of the art greenhouse. Receive a 4" flower pot to take home. Next, we're off the The Welshfield Inn built in the 1840's by Alden Nash. Before the Civil War, the Inn was part of the Underground Railroad, caring for escaped slaves on their way to Canada. Enjoy a wonderful luncheon at the Inn. Have an "Out of this World" experience at Geauga Park District's Observatory Park. This unique park is one of only seven such "Dark Sky" parks in the country. Lots to see and learn at this attraction. Virtues make us who we are, and at Grandriver Cellars the wines are named for the virtues we exude, and those of the people we hope to share our wines with. Enjoy a wine tasting before we set forth for home. (A fast food stop at your expense will be made on the ride home.)

Choose one lunch entrée:

- Braised Pot Roast
- Chicken Piccata

(TRP-005)

WED May 19 Cost: \$129 Depart 7:00 am; Return 8:30 pm

"FOREVER YOUNG"

- Branson's Musical Tribute at Seneca Niagara Casino Know How Tours

Travel to the Seneca Niagara Casino for a Matinee Show Event ... "Forever Young" - Branson's Musical Tribute to Your Life and Your Music. Winner! Branson's best new show! Forever Young is an exciting new look at the greatest hits of all time. Starring five of the most talented guys you'll ever meet, Forever Young takes you back to the music of your youth, back to the moment you discovered what it meant to set the record down, push play and tune in! Join the stars of Forever Young as they bring you on a journey through the best eras of music. This production show is sure to dazzle and impress. Bringing back a nostalgic feel reminiscent of garage band days and record players, Forever Young is jam packed with powerhouse vocals and dynamite choreography. Forever Young ...an ultimate tribute to the music of your life.

*Seating in event center is general seating. First come first serve. You will receive ticket to the 2:00 pm show and \$25 Seneca Slot Dollars.

(TRP-006)

TUES June 1 Cost: \$89 Depart 8:30 am; Return 5:30 pm

Amish Brown Bag Tour - Middlefield, Oh Know How Tours

Start off with muffin and juice on the way to Middlefield, OH for an Amish Brown Bag Tour. Meet the Step-On Guide and begin touring "behind the scenes" throughout Middlefield, OH. Follow the route & stop at sites that Rachael Ray visited as part of her travels over six weeks in September 2008 for her "Hidden Gems" Segment. Stops include Middlefield Swiss Cheese House, a Country Market, Middlefield Bakery, Amish Home Craft and Nauvoo Family Market. Lunch is a traditional Amish Wedding Feast by Ruth Byler – baked chicken, mashed potatoes with gravy, seasonal vegetable, 7-layer salad, date nut pudding, homemade bread and pies all served family style. Along the route, receive gifts and goodies to add to your Brown Bag. A fast food stop at your expense will be made on the ride home.

(TRP-007)

SAT June 5 Cost: \$125 Depart 7:30 am; Return 8:30 pm

"MONEY MATTERS" - STATION DINNER THEATER Know How Tours

We're off to Erie, PA for a "new" comedy at the ever-popular Station Dinner Theater: "Money Matters" by Michael Parker and Susan Parker. If you liked "Sex Please We're Sixty", you are going to love "Money Matters". "Bud the Stud" returns in this hysterical comedy. The late Mr. Hammond spent twenty years printing \$20 bills on a printing press he built in the basement of Monet Manor. After his death ten years ago, his faithful retainer George and his daughter Annie, continued the family business for Mr. Hammond's widow, who recently passed away. Contrary to her promise to leave the manor and all her assets to George and Annie, she has bequeathed the manor to a stranger, Mr. Bud Davis, who is emphatic about turning it into a retirement home for ladies. Determined to keep the manor, Annie invites an old friend and sorority sister, Charmaine Beauregard, to play the role of a ghost, to help convince Bud that the manor is unsuitable for a retirement home because it is haunted.

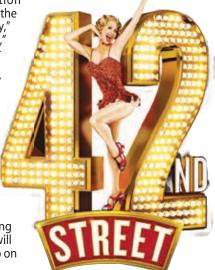
The final stop is Fuhrman's General Store. This jam-packed General Store is an absolute must see! You'll find a wide variety of local favorites housed in an old-time country store featuring photo murals from around Erie County, model trains travel overhead while you shop!

(TRP-008) WED June 16 Cost: \$99 Depart 10:30 am; Return 7:00 pm

"42ND STREET" THE MUSICAL - BROADWAY IN THE FINGER LAKES Know How Tours

Enjoy a leisurely drive to Auburn, NY for lunch at the popular Spring Side Inn, an Auburn favorite. Enjoy lunch at this historic Inn, located on the North end of Owasco Lake. After dining, travel to the nearby, Merry Go Round Playhouse for the matinee performance of 42nd Street. 42nd Street is the musical comedy that celebrates Broadway and

the magic of show business! Featuring 14 show-stopping production numbers including, "We're in the Money," "Lullaby of Broadway," "42nd Street," "Quarter to Nine," "50 tapping feet" and over 200 jaw dropping costumes, this show delivers on every level. Aspiring chorus girl Peggy Sawyer comes to the big city from Allentown PA, and soon lands her big job in the ensemble of a glitzy new Broadway show. But when its star is injured, will Peggy be able to step in and save the show? An exhilarating celebration of the American song and dance musical everyone will enjoy! We will make a rest stop on the ride home.



Choose one lunch entrée:

- · Stuffed Boneless Chicken with house stuffing
- Roast Sirloin of Beef with mushroom sauce
- Baked Haddock in Lemon Butter Sauce

(TRP-009)

TUES June 22 Cost: \$139 Depart 8:30 am; Return 7:30 pm

1. Payment must accompany registration.

Make checks payable to West Seneca Central Schools. Registrations for SCHOOL DISTRICT RESIDENTS will be processed in the order they are received. Registrations for NON-RESIDENTS will be processed as received beginning the SECOND week of registration, and will be charged a \$5.00 non-resident fee per semester (not per course).

2. Lab Fees are not discounted and are paid directly to the instructor; do NOT include them with your registration. However, Food Fees ARE paid along with your registration, and also are not discounted.

3. Refunds:

- a. Are given in full if we cancel a class. Allow 4-6 weeks for processing of refund checks.
- b. If you withdraw one week prior to the class start date: refund less \$5 processing fee.
- c. A credit (minus \$5) will be recorded in our computer for withdrawals received less than one week prior to a class.
- d. NO refunds will be given for withdrawals received on or after the first class session of any course.

EXCEPTIONS: refunds or credits for medical reasons may be issued at the discretion of the Director at any time during a course, with a physician's verification before the course ends.

Acceptable Use Policy Required for those taking computer courses West Seneca Central School District has established an Acceptable Use Policy for use of district computers. The policy states that all Students (day and night school) must be responsible for computer equipment they use. Also included is a statement that prohibits access to computerized information resources with inappropriate content. By signing up for a West Seneca Central Continuing Education course, you are agreeing to the district's Acceptable Use Policy. For additional information, call Continuing Education at 677-3180.



Walk It In! Upon receipt of the Brochure,

East Middle School/Community Education/Door #37 8:30 AM - 6:00 PM Monday-Thursday • 8:30 AM - 3 PM Friday

Mail registration begins Now!

Charge, Checks or Money Order. Payable To West Seneca Central School.

MAIL REGISTRATION FORM WITH PAYMENT TO: West Seneca Community Education • 1445 Center Road West Seneca, NY 14224-3292

DISCOVER / VISA / MASTERCARD BE PREPARED TO READ YOUR CREDIT CARD NUMBER

AND CLASS CHOICES.

677-3107

Telephone Registration

CLASS CANCELLATION

Classes may be cancelled if less than twelve persons enroll. The Board of Education or Director of Community Education reserves the right to withdraw any course offered.

SCHOOL CLOSING

When the school is closed because of weather conditions, all Community Education classes will likewise be closed; announcements that activities are cancelled will be made over local radio and TV stations prior.

GOLD CARD

We are pleased to offer Senior Citizens (over 60) who are RESIDENTS of the West Seneca School district or retired school district employees a 50% discount off MOST class fees. Computer classes, contract exercise programs (i.e. Sandy's, Horizon), and Trips/Tours are generally full price. You may obtain a Gold Card at the Community Education Office during regular office hours; bring your driver's license as proof of age and residency.

MEDICAL EXAMINATION

A medical exam is recommended for anyone taking courses involving physical activity. Community Education is not responsible for personal injuries or personal loss. West Seneca School District does not accept any liability for injury resulting from a medical condition whether known or unknown. Waivers are required of all who participate in physical education or swimming classes unless your doctor issues a health certification.

SMOKING

There is no smoking permitted in schools or anywhere on school grounds BY LAW. Thank you for your cooperation.

INSTRUCTIONAL STAFF

Our instructors are here to share with you a skill, talent or expertise that they possess. The opinions shared by the instructors are not necessarily the opinions of Community Education or the District. They are not required to be a certified teacher, although many have certifications in their own fields of expertise; see our website for instructor biographies.

NON-DISCRIMINATION POLICY

The West Seneca Central School District is committed to equal opportunity in educational programs and employment. It is our policy to provide equal opportunity for all qualified applicants, students and employees; and to prohibit discrimination on the basis of race, color, sex, religion, national origin, age, handicap or marital status.

> **Fax Registration** AVAILABLE 24 HRS. A DAY 7 DAYS A WEEK

Register Online Now!

CREDIT CARDS ONLY!

www.wscschools.org/commed

CREDIT CARDS ONLY!

click on Web Store

Last Name	First	Address	City o	r Town	Zip Code
Daytime Phone # Eve	ening Phone #	date of birth	email address		
		Yes 🔲 No (Non-Residents ad		old Card No	
LIST BELOW THE CLASSES I Course Code No.	FOR WHICH YOU AF	RE REGISTERING. PLEASE IN Course Title	CLUDE COURSE CODE NO. Day	NO REFUNDS ONCE TIME	CLASSES BEGIN. Class Fee
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3					\$
				Non-Resident Fee (\$5 if applicable)	\$
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Discover/Visa/MC Credit Card #				TOTAL ENCLOSE	
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677-3244